

**"Weigh To Go Weight Loss Centers, Inc."**  
**"Where No Appointment is Necessary."**

Website: [www.weighttogoweightloss.com](http://www.weighttogoweightloss.com)  
 Knoxville: 865-219-8650  
 Oneida: 423-569-2285  
 Kingston: 865-376-1307

**The Compounding Shoppe Pharmacy, LLC.**  
[www.compoundingshoppepharmacy.com](http://www.compoundingshoppepharmacy.com)  
 Phone: 865-688-7340

**Anti-Aging Medical Spa, Inc.**  
[www.weightgomedicalspa.com](http://www.weightgomedicalspa.com)  
 Phone: 865-688-7205

**NEW ANNOUNCEMENTS**

We are now the first to have Thermage in East TN! Ask one of our Weigh To Go staff members or Medical Spa for more details. Thermage- FDA approved for skin tightening!

Thermage is the non-surgical way to treat loose skin either on face, eye lids, body, and legs!

Sign up for our newsletter by visiting our website for discounts and coupons! Make sure to ask about the "All-In-One" shot to help you reach your weight loss goals. Also be sure to give us your email address so we can send you calendar updates, instant website updates, coupons, and many other exciting changes to help encourage you along the way. Also ask about Lightwave for more skin tightening, stretchmarks, acne, and other cosmetic conditions.

**February 2011**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>Knoxville</b> 10-7	<b>2</b> <b>Oneida</b> 10-7	<b>3</b> <b>Knoxville</b> 12-8 <b>Kingston</b> 10-7	<b>4</b> <b>Knoxville</b> 9-5 <b>Med-Spa</b> 9-5	<b>5</b> Go to our website to sign up for Spa discounts!
<b>6</b> The new Myo-Lipo Booster has Vitamin C.	<b>7</b> <b>Oneida</b> 10-7 <b>Kingston</b> 10-6	<b>8</b> <b>Knoxville</b> 10-7	<b>9</b> <b>Oneida</b> 10-7	<b>10</b> <b>Knoxville</b> 12-8 <b>Kingston</b> 10-7	<b>11</b> <b>Knoxville</b> 9-5 <b>Med-Spa</b> 9-5	<b>12</b> Lightwave helps improve stretch marks
<b>13</b> Estician is in Knoxville office M-TH 9-5	<b>14</b> <b>Oneida</b> 10-7 <b>Kingston</b> 10-6	<b>15</b> <b>Knoxville</b> 10-7	<b>16</b> <b>Oneida</b> 10-7	<b>17</b> <b>Knoxville</b> 12-8 <b>Kingston</b> 10-7	<b>18</b> <b>Knoxville</b> 9-5 <b>Med-Spa</b> 9-5	<b>19</b> Ask about Latisse for longer lashes
<b>20</b> Thermage is FDA approved for loose skin!	<b>21</b> <b>Oneida</b> 10-7 <b>Kingston</b> 10-6	<b>22</b> <b>Knoxville</b> 10-7	<b>23</b> <b>Oneida</b> 10-7	<b>24</b> <b>Knoxville</b> 12-8 <b>Kingston</b> 10-7	<b>25</b> <b>Knoxville</b> 9-5 <b>Med-Spa</b> 9-5	<b>26</b> Need more inch loss? Try Myo-Lipo-Booster
<b>27</b> Make sure we have your email addresses!	<b>28</b> <b>Oneida</b> 10-7 <b>Kingston</b> 10-6					